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**Maura J. Rossman, M.D., LHIC Co-Chair**  
Health Officer, Howard County Health Department

**Steven C. Snelgrove, LHIC Co-Chair**  
President, Howard County General Hospital

**Howard County Local Health Improvement Coalition**  
Healthy Weight Work Group Meeting  
March 22, 2018 - 9:00 a.m. - 10:30 a.m.  
Barton A/B

**Goal:** Provide update on baseline establishment for free/low cost physical activity programs in the county, update on Point of Decision campaign activity of strategic plan and strategize ways to engage Howard County "Healthiest Maryland Businesses" into HCLHIC initiatives.

**Meeting Agenda**

*Meeting will start promptly at 9:00 a.m.*

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|-------------------|---|
| I. 9:00 – 9:05    | Welcome & Introductions   |
| II. 9:05 – 9:15   | Approval of Minutes and Announcements   |
| III. 9:15 – 9:35  | Free/Reduced cost Physical Activity research update;<br>Howard County Bikeway update<br>Glenn Schneider , Chief Program Officer<br>Katie DiSalvo-Thronson, Community Outreach Associate<br>Horizon Foundation |
| IV. 9:35- 9:45    | Point of Decision Campaign Update   |
| V. 9:45 – 9:47    | Healthy Meeting Stretch Break   |
| VI. 9:47- 10:25   | Healthiest Maryland Businesses Presentation and Engagement Discussion<br>Liz Simpler, Central Region Coordinator<br>Healthiest Maryland Businesses  |
| VII. 10:25 -10:30 | Next Steps for work group and meeting wrap-up :   |
1. Utilize monthly Communication Action Alert tool with #hclhic hashtag
  2. HCLHIC members interested in being a part of a Point of Decision Campaign Action group , contact [kkesler@howardcountymd.gov](mailto:kkesler@howardcountymd.gov) :
    1. Point of Decision Campaign action group

**Future Meeting Dates:****Work Group**

May 24, 2018                      9:00- 10:30 am, Barton A & B

**FULL LHIC**

April 26, 2018                      8:30- 10:30 am, Potomac

June 28, 2018                      8:30- 10:30 am, Susquehanna

**Agenda and Minutes:**

Members are encouraged to review the minutes from Full HCLHIC and HCLHIC Work Group Meetings on the website under meeting portal. <http://www.hclhic.org/membership/meeting-portal>

**Member Announcements:**

Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: <http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/> . To request an event be added to the HCLHIC Community contact [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov) .

**Inclement Weather Policy:**

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.